

## $\chi_S$ -skew symmetric and $\chi_S$ -orthogonal matrices

JESUS PAOLO E. JOVEN  
Institute of Mathematics  
University of the Philippines, Diliman  
Quezon City 1101, Philippines  
*jpjoven@math.upd.edu.ph*

AGNES T. PARAS  
Institute of Mathematics  
University of the Philippines, Diliman  
Quezon City 1101, Philippines  
*agnes@math.upd.edu.ph*

### Abstract

We determine the Jordan Canonical Form of a real matrix similar to its negative via a real skew-involution ( $A^2 = -I$ ), and use this to (i) determine the Jordan Canonical Form of a real nonsingular matrix similar to its inverse via a real skew-involution, and (ii) give necessary and sufficient conditions for a real matrix to be a product of two real skew-involutions.

**Keywords:**  $\chi_S$ -skew symmetric matrix,  $\chi_S$ -orthogonal matrix, involution, skew-involution, primary matrix function

**2010 MSC:** 15A21, 15A23

## 1 Introduction

Let  $M_n(\mathbb{F})$  be the set of all  $n$ -by- $n$  matrices with entries in a field  $\mathbb{F}$ , and denote by  $\text{GL}_n(\mathbb{F})$  the set of nonsingular matrices in  $M_n(\mathbb{F})$ . Let  $S \in \text{GL}_n(\mathbb{F})$  and define the function  $\chi_S : M_n(\mathbb{F}) \rightarrow M_n(\mathbb{F})$  by

$$\chi_S(A) = S^{-1}AS, \text{ for all } A \in M_n(\mathbb{F}).$$

We say that  $A \in M_n(\mathbb{F})$  is  $\chi_S$ -skew symmetric if  $\chi_S(A) = -A$ ; and  $\chi_S$ -orthogonal if  $A$  is nonsingular and  $\chi_S(A) = A^{-1}$ . If  $\mathbb{F} = \mathbb{R}$  or  $\mathbb{C}$  and  $f(A)$  is a primary matrix function, then  $\chi_S(f(A)) = f(\chi_S(A))$ . In particular, if  $A$  is  $\chi_S$ -skew symmetric, then  $\chi_S(e^A) = e^{-A} = (e^A)^{-1}$ , since  $e^A$  is a primary matrix function. Thus, if  $A$  is  $\chi_S$ -skew symmetric, then  $e^A$  is  $\chi_S$ -orthogonal.

Let  $A \in \text{GL}_n(\mathbb{C})$ . It is known that there exists  $X \in M_n(\mathbb{C})$  such that  $e^X = A$  and  $X$  is a polynomial in  $A$  [6, Chapter 6]. Moreover, if  $A$  has no negative eigenvalues, then  $X$  is unique such that the spectrum of  $X$  lies in  $\{z \in \mathbb{C} \mid -\pi < \text{Im } z < \pi\}$  (we refer to this unique  $X$  as the *principal logarithm* of  $A$  and write  $X = \log A$ );  $\log(A^{-1}) = -\log(A)$ ; and if  $A \in \text{GL}_n(\mathbb{R})$ , then  $X \in M_n(\mathbb{R})$  [4, Section 1.7 and 11.1]. If  $S$  is a real skew-involution, we determine the Jordan Canonical Form of a real  $\chi_S$ -skew symmetric, and use the preceding to determine the Jordan Canonical Form of a real  $\chi_S$ -orthogonal.

Suppose  $A \in M_n(\mathbb{F})$ . Wonenburger proved in 1966 that if the characteristic of  $\mathbb{F}$  is not equal to 2, then  $A$  is a product of two involutions ( $B^2 = I$ ) if and only if  $A$  is  $\chi_S$ -orthogonal [10]. In the following year, Djoković gave a proof of the preceding result for an arbitrary field [3]. Observe that  $A$  is a product of two involutions if and only if  $A$  is  $\chi_S$ -orthogonal for some involution  $S \in \text{GL}_n(\mathbb{F})$ ; and that  $A$  is a product of two skew-involutions if and only if  $A$  is  $\chi_T$ -orthogonal for some skew-involution  $T \in \text{GL}_n(\mathbb{F})$ . Hence  $A$  is  $\chi_S$ -orthogonal for some  $S \in \text{GL}_n(\mathbb{F})$  if and only if  $A$  is  $\chi_T$ -orthogonal for some involution  $T \in \text{GL}_n(\mathbb{F})$ . Suppose  $x^2 + 1$  has a root  $r$  in  $\mathbb{F}$ . Then  $A$  is a skew-involution if and only if  $rA$  is an involution. Hence  $A = BC$ , where  $B$  and  $C$  are skew-involutions, if and only if  $A = (rB)(-rC)$  is a product of two involutions. Thus, if  $x^2 + 1$  has a root  $r$  in  $\mathbb{F}$ , then, by the theorem of Wonenburger and Djoković,  $A$  is  $\chi_S$ -orthogonal for some involution  $S \in \text{GL}_n(\mathbb{F})$  if and only if  $A$  is  $\chi_T$ -orthogonal for some skew-involution  $T \in \text{GL}_n(\mathbb{F})$ . We show that this is not the case when  $x^2 + 1$  has no root in  $\mathbb{F}$ . In particular, we show that  $A \in \text{GL}_{2n}(\mathbb{R})$  is  $\chi_S$ -orthogonal for some skew-involution  $S \in \text{GL}_n(\mathbb{R})$  if and only if  $A$  is similar to  $Q \oplus Q^{-1}$  for some  $Q \in \text{GL}_n(\mathbb{R})$ . It was shown in [8] that  $A \in M_n(\mathbb{F})$  is a product of an involution and a skew-involution in  $\text{GL}_n(\mathbb{F})$  if and only if  $A$  is similar to  $-A^{-1}$ . Square matrices that are sums or products of two matrices satisfying quadratic polynomial equations are also studied in [2].

## 2 Preliminaries

If the polynomial  $x^2 + 1$  has no root in  $\mathbb{F}$  and  $S \in \text{GL}_n(\mathbb{F})$  is a skew-involution, then  $n = 2k$  for some positive integer  $k$  and  $S$  is similar to  $H_k := \begin{bmatrix} 0 & I_k \\ -I_k & 0 \end{bmatrix}$ , since the minimal polynomial of  $A$  is  $x^2 + 1$ , which is irreducible in  $\mathbb{F}[x]$ .

**Lemma 2.1.** *Let  $\mathbb{F}$  be a field such that  $x^2 + 1$  is irreducible in  $\mathbb{F}[x]$ . Let  $A \in M_n(\mathbb{F})$  be given.*

- (a) *If  $n = 2k$ , then  $A$  is similar to a  $\chi_{H_k}$ -skew symmetric in  $M_n(\mathbb{F})$  if and only if  $A$  is  $\chi_S$ -skew symmetric for some skew-involution  $S \in \text{GL}_n(\mathbb{F})$ .*
- (b) *If  $C \in M_{2n}(\mathbb{F})$  is similar to the direct sum  $A \oplus -A$ , then  $C$  is  $\chi_S$ -skew symmetric for some skew-involution  $S \in \text{GL}_{2n}(\mathbb{F})$ .*
- (c) *If  $n = 2k$ , then  $A$  is similar to a  $\chi_{H_k}$ -orthogonal if and only if  $A$  is  $\chi_S$ -orthogonal for some skew-involution  $S \in \text{GL}_n(\mathbb{F})$ .*
- (d) *If  $A$  is nonsingular and  $C \in \text{GL}_{2n}(\mathbb{F})$  is similar to  $A \oplus A^{-1}$ , then  $C$  is  $\chi_S$ -orthogonal for some skew-involution  $S \in \text{GL}_{2n}(\mathbb{F})$ .*
- (e) *If  $n = 2k$  and  $A \in \text{GL}_n(\mathbb{R})$  is  $\chi_S$ -orthogonal for some real skew-involution  $S$  such that  $A$  has no negative eigenvalues and  $X = \log A$ , then  $X$  is  $\chi_S$ -skew symmetric.*

**Proof:** Let  $A \in M_n(\mathbb{F})$ . Suppose that  $n = 2k$  and  $P \in \text{GL}_n(\mathbb{F})$ . Then  $(PAP^{-1})H_k = -H_k(PAP^{-1})$  if and only if  $A(P^{-1}H_kP) = -(P^{-1}H_kP)A$ . Hence  $A$  is similar to a  $\chi_{H_k}$ -skew symmetric matrix if and only if  $A$  is  $\chi_S$ -skew symmetric, where  $S := P^{-1}H_kP$  is a skew-involution. This proves (a).

Let  $B := A \oplus -A$ . Observe that  $H_n$  is a skew-involution and  $BH_n = -H_nB$ , so that  $B$  is  $\chi_{H_n}$ -skew symmetric. Hence (b) follows from (a).

The proofs for (c) and (d) are analogous to the proofs of (a) and (b), respectively.

Let  $n = 2k$  and  $A \in \text{GL}_n(\mathbb{R})$  be  $\chi_S$ -orthogonal for some real skew-involution  $S$  such that  $A$  has no negative eigenvalues. If  $X = \log A$ , then

$$e^{S^{-1}XS} = S^{-1}e^X S = S^{-1}AS = A^{-1}.$$

Since  $A$  has no negative eigenvalues, we have that  $A^{-1}$  has no negative eigenvalues,  $\log A^{-1} = S^{-1}XS$ , and  $\chi_S(X) = -\log A = -X$ . This proves (e).

If  $A \in M_n(\mathbb{F})$ , let  $\sigma(A)$  denote the spectrum or the set of all eigenvalues of  $A$ .

**Lemma 2.2.** *Let  $\mathbb{F}$  be a field such that  $x^2 + 1$  is irreducible in  $\mathbb{F}[x]$ . Suppose  $A := \bigoplus_{i=1}^k A_i \in M_{2n}(\mathbb{F})$ , where each  $A_i \in M_{2n_i}(\mathbb{F})$ .*

- (a) *If  $A_i$  is similar to a  $\chi_{H_{n_i}}$ -skew symmetric in  $M_{2n_i}(\mathbb{F})$  for each  $i$ , then  $A$  is similar to a  $\chi_{H_n}$ -skew symmetric in  $M_{2n}(\mathbb{F})$ .*
- (b) *If  $\sigma(A_i) \cap \sigma(-A_j) = \emptyset$  for all  $i \neq j$  and  $A$  is  $\chi_S$ -skew symmetric for some skew-involution  $S \in \text{GL}_{2n}(\mathbb{F})$ , then each  $A_i$  is  $\chi_{S_i}$ -skew symmetric for some skew-involution  $S_i \in \text{GL}_{2n_i}(\mathbb{F})$ .*
- (c) *If  $A_i$  is similar to a  $\chi_{H_{n_i}}$ -orthogonal in  $\text{GL}_{2n_i}(\mathbb{F})$  for each  $i$ , then  $A$  is similar to a  $\chi_{H_n}$ -orthogonal in  $\text{GL}_{2n}(\mathbb{F})$ .*
- (d) *If  $\sigma(A_i) \cap \sigma(A_j^{-1}) = \emptyset$  for all  $i \neq j$  and  $A$  is  $\chi_S$ -orthogonal for some skew-involution  $S \in \text{GL}_{2n}(\mathbb{F})$ , then each  $A_i$  is  $\chi_{S_i}$ -orthogonal for some skew-involution  $S_i \in \text{GL}_{2n_i}(\mathbb{F})$ .*

**Proof:** Suppose  $P_i \in \text{GL}_{n_i}(\mathbb{F})$  such that  $P_i A_i P_i^{-1}$  is  $\chi_{H_{n_i}}$ -skew symmetric for  $i = 1, \dots, k$ . Then  $P := \bigoplus_{i=1}^k P_i \in \text{GL}_n(\mathbb{F})$ ,  $K := \bigoplus_{i=1}^k H_{n_i}$  is a skew-involution, and  $PAP^{-1}$  is  $\chi_K$ -skew symmetric. By Lemma 2.1(a),  $A$  is similar to a  $\chi_{H_n}$ -skew symmetric in  $M_{2n}(\mathbb{F})$ . This proves (a).

To prove (b), suppose  $AS = -SA$ , for some skew-involution  $S \in \text{GL}_{2n}(\mathbb{F})$ , and partition  $S = [S_{ij}]$  conformal to  $A$ . Then  $A_i S_{ij} = -S_{ij} A_j$  for all  $i, j$ . Since  $\sigma(A_i) \cap \sigma(-A_j) = \emptyset$  for all  $i \neq j$ , we have  $S_{ij} = 0$  for  $i \neq j$ , by Sylvester's theorem for linear matrix equations ([5], Theorem 2.4.4.1). Hence  $S = \bigoplus_{i=1}^k S_{ii}$ , each  $S_{ii}$  is a skew-involution, and each  $A_i$  is  $\chi_{S_i}$ -skew symmetric.

The proof of (c) is analogous to that of (a) and follows from Lemma 2.1(c); while the proof of (d) is analogous to that of (b).

### 3 Jordan Canonical Form of a $\chi_H$ -skew symmetric

Let  $S \in M_{2n}(\mathbb{R})$  be a skew-involution. We now take a look at the Jordan Canonical Form of a matrix which is similar to a  $\chi_S$ -skew symmetric matrix. By Lemma 2.1(a) and (c), it suffices to consider  $S = H_n$ . For brevity, we simply write  $H$  when its size is clear from the context.

Suppose that  $A \in M_{2n}(\mathbb{R})$  is similar to a real  $\chi_{H_n}$ -skew symmetric matrix. Then there exists  $P \in \text{GL}_{2n}(\mathbb{R})$  such that  $PAP^{-1}$  is real  $\chi_{H_n}$ -skew symmetric. If we partition  $PAP^{-1} = [Q_{ij}]$  conformal to  $H_n$ , then  $Q_{22} = -Q_{11}$  and  $Q_{12} = Q_{21}$ . Thus  $A$  is similar to a real  $\chi_{H_n}$ -skew symmetric matrix if and only if  $A$  is similar to  $\begin{bmatrix} Y & Z \\ Z & -Y \end{bmatrix}$  for some  $Y, Z \in M_n(\mathbb{R})$ .

Consider the matrix  $V = \frac{1}{\sqrt{2}} \begin{bmatrix} -iI_n & -iI_n \\ I_n & -I_n \end{bmatrix}$ . Note that  $V^{-1} = V^*$  and that

$$V^{-1} \begin{bmatrix} Y & Z \\ Z & -Y \end{bmatrix} V = \begin{bmatrix} 0_n & Y - iZ \\ Y + iZ & 0_n \end{bmatrix} \equiv \begin{bmatrix} 0_n & \overline{B} \\ B & 0_n \end{bmatrix}.$$

That is,  $A$  is similar to  $\begin{bmatrix} 0_n & \bar{B} \\ B & 0_n \end{bmatrix}$  for some  $B \in M_n(\mathbb{C})$ . This implies that  $A^2$  is similar to  $\bar{B}B \oplus B\bar{B}$ . Let  $p_A(x)$  denote the characteristic polynomial of  $A$ . It was proven in [9, Theorem 3] that if  $A, B, C, D \in M_n(\mathbb{F})$  and  $E = \begin{bmatrix} A & B \\ C & D \end{bmatrix} \in M_{2n}(\mathbb{F})$  such that  $CD = DC$ , then  $\det E = \det(AD - BC)$ . Since  $xI_n$  commutes with  $-B$  and  $-\bar{B}$ , we have  $p_A(x) = \det(xI_{2n} - A) = \det(x^2I_n - B\bar{B}) = p_{B\bar{B}}(x^2)$ , which is a polynomial with real coefficients. Thus, if  $\lambda$  is an eigenvalue of  $B\bar{B}$ , then  $\sqrt{\lambda}$  and  $-\sqrt{\lambda}$  are eigenvalues of  $A$ . Moreover,  $B\bar{B}$  is similar to the square of a real matrix [6, Corollary 4.6.16]. In particular, if  $\lambda$  is a nonreal eigenvalue of  $B\bar{B}$  and  $J_k(\lambda)$  is in the Jordan Canonical Form of  $B\bar{B}$ , then  $J_k(\bar{\lambda})$  is also in the Jordan Canonical Form of  $B\bar{B}$ ; and if  $\lambda$  is a negative eigenvalue of  $B\bar{B}$ , then  $J_k(\lambda) \oplus J_k(\lambda)$  is in the Jordan Canonical Form of  $B\bar{B}$ .

Suppose that  $\lambda$  is an eigenvalue of  $B\bar{B}$  and let  $\mu^2 = \lambda$ . If  $\lambda$  is nonreal and  $J_k(\lambda)$  is in the Jordan Canonical Form of  $B\bar{B}$ , then  $J_k(\mu)$  or  $J_k(-\mu)$  is in the Jordan Canonical Form of  $A$ , where  $\mu = a + bi$  for some nonzero  $a, b \in \mathbb{R}$ . Without loss of generality, assume  $J_k(\mu)$  is in the Jordan Canonical Form of  $A$ . Since  $A$  is similar to a real  $\chi_{H_n}$ -skew symmetric matrix, then  $J_k(\bar{\mu}) \oplus J_k(-\mu) \oplus J_k(-\bar{\mu})$  is also in the Jordan Canonical Form of  $A$ .

If  $\lambda$  is negative, then  $\mu$  is pure imaginary. If  $J_k(\lambda)$  is in the Jordan Canonical Form of  $B\bar{B}$ , then either  $J_k(\mu)$  or  $J_k(-\mu)$  is in the Jordan Canonical Form of  $A$ . Since  $A$  is similar to a real matrix and  $\bar{\mu} = -\mu$ , then both blocks  $J_k(\mu)$  and  $J_k(-\mu)$  are in the Jordan Canonical Form of  $A$ . Because the number of Jordan blocks  $J_k(\lambda)$  in the Jordan Canonical Form of  $\bar{B}B \oplus B\bar{B}$  is a multiple of four, and  $A$  is a real matrix which is similar to a  $\chi_H$ -skew symmetric square root of  $\bar{B}B \oplus B\bar{B}$ , then  $J_k(\mu) \oplus J_k(-\mu) \oplus J_k(\mu) \oplus J_k(-\mu)$  is in the Jordan Canonical Form of  $A$ .

Suppose that  $\lambda$  is positive and  $J_k(\lambda)$  is in the Jordan Canonical Form of  $B\bar{B}$ . If  $J_k(\mu)$  is in the Jordan Canonical Form of  $A$ , then  $J_k(-\mu)$  is also in the Jordan Canonical Form of  $A$  since  $A$  is similar to a  $\chi_{H_n}$ -skew symmetric matrix.

Observe that  $A^{2k}$  is similar to  $(\bar{B}B)^k \oplus (B\bar{B})^k$ , and  $A^{2k-1}$  is similar to

$$\begin{bmatrix} 0 & (\bar{B}B)^{k-1}\bar{B} \\ (\bar{B}B)^{k-1}B & 0 \end{bmatrix}$$

for any positive integer  $k$ . Hence  $\text{rank}(A^k)$  is even, for each positive integer  $k$ . This implies that the number of Jordan blocks  $J_k(0)$  in the Jordan Canonical Form of  $A$  is even for any positive integer  $k$ .

To summarize, if  $A \in M_{2n}(\mathbb{R})$  is similar to a real  $\chi_{H_n}$ -skew symmetric matrix, then its Jordan Canonical Form consists of matrices of the following types: (i)  $J_k(\mu) \oplus J_k(\bar{\mu}) \oplus J_k(-\mu) \oplus J_k(-\bar{\mu})$ , for some nonreal  $\mu$ , and positive integer  $k$ ; or (ii)  $J_k(\mu) \oplus J_k(-\mu)$ , for some real  $\mu$ , and positive integer  $k$ .

To show the converse, it is enough to show that a Jordan matrix of the form given in (i) or (ii) is similar to a  $\chi_H$ -skew symmetric matrix, by Lemma 2.2(a). For Jordan matrices of type (i),  $J_k(\mu) \oplus J_k(\bar{\mu})$  is similar to a real matrix  $C$  and  $J_k(-\mu) \oplus J_k(-\bar{\mu})$  is similar to the real matrix  $-C$ . Hence a Jordan matrix of type (i) is similar to a real matrix  $C \oplus -C$ . For Jordan matrices of type (ii), since  $\mu$  is real, we have  $J_k(\mu) \oplus J_k(-\mu)$  is similar to the real matrix  $J_k(\mu) \oplus -J_k(\mu)$ , which is similar to a real  $\chi_{H_k}$ -skew symmetric matrix by Lemma 2.1(b) and (a).

**Theorem 3.1.** *A  $2k$ -by- $2k$  real matrix is similar to a real  $\chi_{H_k}$ -skew symmetric matrix if and only if its Jordan Canonical Form is a direct sum of matrices of types:*

$$(i) \ J_m(\lambda) \oplus J_m(-\lambda) \oplus J_m(\bar{\lambda}) \oplus J_m(-\bar{\lambda}), \text{ for some nonreal } \lambda, \text{ and positive integer } m,$$

(ii)  $J_m(\lambda) \oplus J_m(-\lambda)$ , for some real  $\lambda$ , and positive integer  $m$ .

## 4 Jordan Canonical Form of a $\chi_H$ -orthogonal

Suppose that  $A \in \text{GL}_{2n}(\mathbb{R})$  is similar to a real  $\chi_{H_n}$ -orthogonal matrix. Since  $A$  is similar to its inverse, for each Jordan block  $J_m(\lambda)$  in the Jordan Canonical Form of  $A$ , there is a corresponding  $J_m(\lambda^{-1})$  in the Jordan Canonical Form of  $A$ . Since  $A$  is real, the Jordan blocks come in conjugate pairs. If  $\lambda$  is a nonreal scalar with  $|\lambda| \neq 1$ , then the four blocks  $J_m(\lambda), J_m(\bar{\lambda}), J_m(\lambda^{-1})$  and  $J_m(\bar{\lambda}^{-1})$  are pairwise different. If  $\lambda$  is real and  $|\lambda| \neq 1$ , then there are two distinct blocks  $J_m(\lambda)$  and  $J_m(\lambda^{-1})$ . If  $\lambda$  is nonreal and  $|\lambda| = 1$ , there are again two distinct blocks:  $J_m(\lambda)$  and  $J_m(\bar{\lambda})$ . If  $\lambda = \pm 1$ , these four blocks are the same. We wish to determine if eigenvalues with modulus 1 exhibit a pairing. By Lemma 2.2(d), it suffices to consider the following Jordan matrices:  $J_m(1), J_m(-1)$ , and  $J_m(e^{i\theta}) \oplus J_m(e^{-i\theta})$  for  $\theta \in (0, \pi)$ .

Let  $S \in \text{GL}_n(\mathbb{R})$  be a skew-involution. Suppose that  $A \in \text{GL}_n(\mathbb{R})$  is  $\chi_S$ -orthogonal with Jordan Canonical Form consisting entirely of Jordan blocks corresponding to the eigenvalue 1. Then there exists a unique logarithm  $X$  of  $A$  which is a real matrix whose Jordan Canonical Form consists entirely of Jordan blocks corresponding to the eigenvalue 0. By Lemma 2.1(e),  $X$  is  $\chi_S$ -skew symmetric. Since the Jordan Canonical Form of  $X$  consists entirely of blocks corresponding to the eigenvalue 0 and  $X$  is similar to a  $\chi_H$ -skew symmetric matrix, every block  $J_m(0)$  in the Jordan Canonical Form of  $X$  has a corresponding equal pair by Theorem 3.1. That is,  $X$  is similar to  $\oplus_i (J_{m_i}(0) \oplus J_{m_i}(0))$ . Thus, the Jordan Canonical Form of  $A = e^X$  is  $\oplus_i (J_{m_i}(1) \oplus J_{m_i}(1))$ , that is, every Jordan block  $J_m(1)$  in the Jordan Canonical Form of  $A$  has a corresponding equal pair.

Consider  $A = \oplus_{i=1}^{\mu} J_{m_i}(1)$  and  $B = \oplus_{i=1}^{\mu} J_{m_i}(-1)$ . Then  $B$  is similar to a real  $\chi_H$ -orthogonal matrix if and only if  $-A$ , and consequently  $A$ , is similar to a real  $\chi_H$ -orthogonal matrix. Since  $A$  is similar to a real  $\chi_H$ -orthogonal matrix if and only if each Jordan block of size  $m_i$  has a corresponding equal pair, we have that  $B$  is similar to a real  $\chi_H$ -orthogonal matrix if and only if every Jordan block  $J_{m_i}(-1)$  in the Jordan Canonical Form of  $B$  has a corresponding equal pair.

For  $\theta \in (0, \pi)$  and positive integer  $k$ , the direct sum  $J_k(e^{i\theta}) \oplus J_k(e^{-i\theta})$  is similar to the real matrix

$$A_k = \begin{bmatrix} C_\theta & I_2 & 0 & \cdots & 0 \\ 0 & C_\theta & I_2 & \ddots & \vdots \\ 0 & 0 & \ddots & \ddots & 0 \\ \vdots & \vdots & \ddots & \ddots & I_2 \\ 0 & 0 & \cdots & 0 & C_\theta \end{bmatrix}, \quad (1)$$

where  $A_k$  has  $k$  copies of  $C_\theta = \begin{bmatrix} \cos \theta & \sin \theta \\ -\sin \theta & \cos \theta \end{bmatrix}$  along its diagonal, and  $k - 1$  copies of  $I_2$  along its superdiagonal [6, Theorem 3.4.1.5]. Let  $\theta \in (0, \pi)$  be fixed and let  $k_1, k_2, \dots, k_\mu$  be positive integers. Suppose  $A = \oplus_{j=1}^{\mu} A_{k_j}$  is similar to a real  $\chi_H$ -orthogonal matrix. Since  $A$  is a real matrix whose eigenvalues are  $e^{i\theta}$  and  $e^{-i\theta}$ , its principal logarithm  $X$  exists, which is a real primary matrix function of  $A$  with Jordan Canonical Form  $\oplus_{j=1}^{\mu} (J_{k_j}(i\theta) \oplus J_{k_j}(-i\theta))$ . Since  $A$  has no negative eigenvalues, we have, by Lemma 2.1 (c), (e), and (a), that  $X$  is similar to a real  $\chi_H$ -skew symmetric matrix. Since the eigenvalues of  $X$  are pure imaginary, by Theorem 3.1, if  $J_m(i\theta) \oplus J_m(-i\theta)$  is in the Jordan Canonical Form of  $X$ , then  $J_m(i\theta) \oplus$

$J_m(-i\theta) \oplus J_m(i\theta) \oplus J_m(-i\theta)$  is in the Jordan Canonical Form of  $X$ . Since  $A = e^X$ , then  $J_m(e^{i\theta}) \oplus J_m(e^{-i\theta}) \oplus J_m(e^{i\theta}) \oplus J_m(e^{-i\theta})$  is in the Jordan Canonical Form of  $A$ .

Thus, if a  $2n$ -by- $2n$  real matrix  $A$  is similar to a real  $\chi_{H_n}$ -orthogonal matrix, then the Jordan Canonical Form of  $A$  is a direct sum of matrices of the following types: (a)  $J_m(\lambda) \oplus J_m(\bar{\lambda}) \oplus J_m(\lambda^{-1}) \oplus J_m(\bar{\lambda}^{-1})$ , for some nonreal  $\lambda$  and positive integer  $m$ ; or (b)  $J_m(\lambda) \oplus J_m(\lambda^{-1})$ , for some nonzero real  $\lambda$  and positive integer  $m$ .

To establish the sufficiency of these conditions, it is enough to show that each Jordan matrix listed above is similar to a real  $\chi_H$ -orthogonal matrix, by Lemma 2.2 (c). If  $\lambda$  is a nonreal scalar, then  $J_m(\lambda) \oplus J_m(\bar{\lambda})$  is similar to a real matrix  $B$ . Moreover,  $J_m(\lambda^{-1}) \oplus J_m(\bar{\lambda}^{-1})$  is similar to  $B^{-1}$ . Therefore  $R := J_m(\lambda) \oplus J_m(\bar{\lambda}) \oplus J_m(\lambda^{-1}) \oplus J_m(\bar{\lambda}^{-1})$  is similar to a real matrix  $B \oplus B^{-1}$ . By Lemma 2.1 (c) and (d),  $R$  is similar to a real  $\chi_{H_{2m}}$ -orthogonal matrix. If  $\lambda$  is a nonzero real scalar, then  $J_m(\lambda) \oplus J_m(\lambda^{-1})$  is similar to the real matrix  $J_m(\lambda) \oplus J_m(\lambda)^{-1}$ , which is similar to a real  $\chi_{H_m}$ -orthogonal matrix by Lemma 2.1 (c) and (d).

We summarize in the following theorem the possible Jordan Canonical Form of a real  $\chi_H$ -orthogonal matrix.

**Theorem 4.1.** *A  $2k$ -by- $2k$  real matrix is similar to a real  $\chi_{H_k}$ -orthogonal matrix if and only if its Jordan Canonical Form is a direct sum of matrices of types:*

- (a)  $J_m(\lambda) \oplus J_m(\lambda^{-1}) \oplus J_m(\bar{\lambda}) \oplus J_m(\bar{\lambda}^{-1})$ , for some nonreal  $\lambda$ , and positive integer  $m$ ,
- (b)  $J_m(\lambda) \oplus J_m(\lambda^{-1})$ , for some nonzero real  $\lambda$ , and positive integer  $m$ .

Let  $\epsilon = \pm 1$ . In Theorems 1 and 2 of [7],  $J_k(\epsilon)$  is similar to a complex orthogonal for odd  $k$ , while  $J_k(0)$  is similar to a complex skew symmetric for odd  $k$ . Theorems 3.1 and 4.1 show that these blocks need to occur in pairs in order to be similar to real  $\chi_H$ -orthogonal and real  $\chi_H$ -skew symmetric matrices, respectively. We now give necessary and sufficient conditions for a real nonsingular matrix to be a product of two skew-involutions.

**Corollary 4.1.** *Let  $n = 2k$  be even and  $A \in \text{GL}_n(\mathbb{R})$  be given. Then  $A$  is  $\chi_S$ -orthogonal for some skew-involution  $S \in \text{GL}_n(\mathbb{R})$  if and only if  $A$  is similar to  $Q \oplus Q^{-1}$  for some  $Q \in \text{GL}_k(\mathbb{R})$ .*

**Proof:** Let  $n = 2k$  be even and  $A \in \text{GL}_n(\mathbb{R})$  be given. The forward implication follows from Theorem 4.1, while the reverse implication follows from Lemma 2.1(d).

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